

Informed Consent for Supported Assessment by Dr Kumari Valentine

The purpose of the assessment is to help ACC understand what to cover you for (i.e., what diagnosis/diagnoses are relevant). This assessment will involve meeting with you, talking with your therapist, reviewing relevant medical notes, and the completion of some psychometric measures. Typically, the assessment involves talking with you by phone for about 30 minutes and then meeting with you in person. You are welcome to bring a support person to this, and I often meet at therapists' offices, with the therapist present. At any stage, you are able to discontinue the assessment. All the information that you give me can go into the report to ACC, but a draft is typically sent to you and your therapist to review. Once you receive the draft, you are welcome to request a feedback session to review the draft with me, if you would like.

All information is kept **strictly confidential** between you, me, ACC, and your ACC therapist, and cannot be shared without permission. I will not be discussing you with your GP, for example, without your permission. It is, however, compulsory for all clinical psychologists to receive supervision, and I do raise matters in a confidential way with my supervisor. My reports are typically typed as well, and my typists and administrators are bound by confidentiality as I am, and they are treated as a legal extension of me.

Clinical psychologists are bound by the Health and Disability Commissioner Code of Rights, which you are able to access.

If there are notes that you are aware have not been requested, do you give consent for me to contact any others or request medical notes? Yes No

Details of relevant service/individuals:

- I understand that information provided by me is part of this report to ACC.
- I have read, understood and agree with the information included.

Client Name:

Client Signature:

Date:

Clinician Name: Dr Kumari Valentine, Clinical Psychologist

Clinician Signature:

Date: