

Assessment Process

ACC Approval

Your therapist lodged an Early Planning Report with ACC and requested going down the long term treatment pathway. ACC would like a report to understand what to cover you for (a diagnosis). I also consider whether any other supports, in addition to therapy, might be useful. ACC send me approval and I contact you and/or your therapist to arrange a phone call. .

Meet in Person/Zoom

This meeting is 1.5-2 hours long typically. I have enclosed typical questions that I cover. You are welcome to bring your therapist or a support person and I can come to your therapists office

Report Submitted

Once I have received any changes from your therapist or there is an indication that no changes are needed, I will submit the report. ACC will process this and then contact you with a decision. In the meantime, you will continue to work with your therapist.

Introductory Phone Call

In this 30 minute call we talk about:

- what the assessment involves
- I answer any questions you have
- I ask you some background questions
- I ensure you know where we will meet
- I will set you up for some online assessments.

Report Draft Prepared

Depending on the length of the previous notes and obtaining the right psychometric tests back, I aim to get a draft to your therapist in 3-4 weeks. Your therapist will review this with you if you want and you are welcome to request a review with me.